Coverage Period: 01/01/2024 - 12/31/2024
Coverage for: Family Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services.

NOTE: Information about the cost of this <u>plan</u> (called the <u>premiums</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-795-1023 or visit us at <u>www.medcost.com</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-795-1023 to request a copy.

	Answers				
Important Questions	Tier 1	Tier 2	Tier 3	Why This Matters:	
What is the overall deductible?	\$850 / person \$1,700 / family	\$1,250 / person \$2,500 / family	\$3,500 / person \$7,000 / family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your deductible?	Yes: Most In-Network office visits, preventive care, and prescription drugs.		, and <u>prescription drugs</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>co-insurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .	
Are there other deductibles for specific services?	No.			You don't have to meet <u>deductibles</u> for specific services.	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$3,300 / person \$6,600 / family	\$4,500 / person \$9,000/ family	\$8,000 / person \$16,000 /family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. There is a separate <u>out-of-pocket limit</u> for <u>prescription drugs</u> ; refer to page 3 for details.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billing, health care this plan doesn't cover, and penalties for failure to meet certain plan requirements.			Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . <u>Prescription drug copays</u> are not included in the overall <u>out-of-pocket limit</u> , however, there is a separate <u>out-of-pocket limit</u> for <u>prescription drugs</u> . See the <u>prescription drug</u> section for details.	
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.medcost.com or call 1-800-795-1023 for a list of network providers		23 for a list of <u>network</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No			You can see the specialist you choose without a referral.	

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022)

(HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)



All **co-payment** and **co-insurance** costs shown in this chart are as noted, either before or after, your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay					
Common Medical Event	Services You May Need	Tier 1 (You will pay the least)	(Y	Tier 2 ou will pay more)	Tier 3 (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$10 <u>co-pay</u>	\$10 <u>c</u>	co-pay	50% <u>co-insurance</u>	<u>Deductible</u> does not apply to <u>co-pay</u> . <u>Co-insurance</u> applies after <u>deductible</u> .	
	Specialist visit	\$15 <u>co-pay</u> \$50 <u>s</u>		co-pay	50% co-insurance	<u>Deductible</u> does not apply to <u>co-pay</u> . <u>Co-insurance</u> applies after <u>deductible</u> .	
	Preventive care/screening/ Immunization	No charge	No ch	narge	50% co-insurance	<u>Co-insurance</u> applies after <u>deductible</u> . You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	No ch	narge	50% <u>co-insurance</u>	Co-insurance applies after deductible.	
	Imaging (CT/PET scans, MRIs)	15% co-insurance	25%	<u>co-insurance</u>	50% co-insurance	Co-insurance applies after deductible. Precertification required*	
Common	What You Will Pay						
Common Medical Event	Services You May Need	ECU Pharmacy (30-day supply)		ECU Pharmacy (90-day supply)	Retail Pharmacy (30-day supply)	Limitations, Exceptions, & Other Important Information	
		This plan includes		arate out-of-pocket li i00 / person \$5,000 / f	mit for prescription drugs. amily		
	Generic	\$10 <u>co-pay</u> (or cost of the drug, whichever is less) up to \$300, then 15% <u>co-insurance</u>	_	<u>co-pay</u> up to \$300, 15% <u>co-insurance</u>	\$25 <u>co-pay</u> up to \$300, then 25% <u>co-insurance</u>	Deductible does not apply to co-pay or co-insurance. FDA approved contraceptives, certain smoking cessation products, and over-the-counter preventive medications (with	
If you need drugs to	Preferred brand	\$25 <u>co-pay</u> up to \$300, then 15% <u>co-insurance</u>		50 <u>co-pay</u> up to \$300, 15% <u>co-insurance</u>	\$50 <u>co-pay</u> up to \$300, then 25% <u>co-insurance</u>	prescription) are covered at 100%.	
treat your illness or condition More information about	Non-preferred brand	\$50 <u>co-pay</u> up to \$300, then 15% <u>co-insurance</u>		<u>co-pay</u> up to \$300, 15% <u>co-insurance</u>	\$100 <u>co-pay</u> up to \$300, then 25% <u>co-insurance</u>		
prescription drug coverage is available at	Specialty	ECU Employee Pharmacy		MedImpact Direct F	<u>Pharmacy</u>	<u>Deductible</u> does not apply to <u>co-pay</u> or <u>co-insurance</u> . Each amount	
www.medimpact.com.	- Generic	Prescribers must contact MedImpact at 1-877-391-11	\$25 <u>co-pay</u> up to \$300, then 25% <u>co-insurance</u>		00, then 25% <u>co-insurance</u>	covers a 30-day supply. Certain <u>drugs</u> must be purchased and dispensed through	
	- Preferred Brand	THOUSE PASSES OF THE SECOND PASSES		\$100 <u>co-pay</u> up to \$300, then 25% <u>co-insurance</u> MedImpact Direct Specialty. Contact 1-information.		· · ·	
	- Non-Preferred Brand			\$300 <u>co-pay</u> up to \$300, then 25% <u>co-insurance</u>			
		MedImpact at 1-877-391-11	03.	\$100 <u>co-pay</u> up to \$300, then 25% <u>co-insurance</u>		MedImpact Direct Specialty. Contact 1-877-391-1103 for more	

		What You Will Pay			
Common Medical Event	Services You May Need	Tier 1 (You will pay the least)	Tier 2 (You will pay more)	Tier 3 (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% <u>co-insurance</u>	<u>Co-insurance</u> applies after <u>deductible</u> . Charges for other services may apply, such as for anesthesia.
surgery	Physician/surgeon fees	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% <u>co-insurance</u>	Co-insurance applies after deductible.
	Emergency room care	\$200 <u>co-pay</u> , then 15% <u>co-insurance</u>	\$200 <u>co-pay</u> , then 15% <u>co-insurance</u>	\$200 <u>co-pay</u> , then 15% <u>co-insurance</u>	<u>Deductible</u> does not apply to <u>co-pay</u> . <u>Co-insurance</u> applies after the Tier 1 <u>deductible</u> . <u>Co-pay</u> is waived if admitted to the hospital.
If you need immediate medical attention	Emergency medical transportation	25% co-insurance	25% <u>co-insurance</u>	25% co-insurance	Co-insurance applies after the Tier 2 deductible.
	Urgent care	\$40 <u>co-pay</u>	\$50 <u>co-pay</u>	50% co-insurance	<u>Deductible</u> does not apply to <u>co-pay</u> . <u>Co-insurance</u> applies after <u>deductible</u> .
If you have a hospital stay	Facility fee (e.g., hospital room)	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% <u>co-insurance</u>	<u>Co-insurance</u> applies after <u>deductible</u> . Charges for other services may apply, such as for anesthesia or diagnostic tests. <u>Precertification</u> required.*
	Physician/surgeon fees	15% <u>co-insurance</u>	25% co-insurance	50% co-insurance	<u>Co-insurance</u> applies after <u>deductible</u> .
If you need mental health, behavioral health, or substance	Outpatient services - Facility - Physician	15% <u>co-insurance</u> \$10 <u>co-pay</u>	25% <u>co-insurance</u> \$10 <u>co-pay</u>	50% <u>co-insurance</u>	<u>Deductible</u> does not apply to <u>co-pay</u> . <u>Co-insurance</u> applies after <u>deductible</u> .
abuse services	Inpatient services	15% <u>co-insurance</u>	25% co-insurance	50% <u>co-insurance</u>	Co-insurance applies after deductible. *Precertification required.
If you are pregnant	Office visits	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% co-insurance	Co-insurance applies after deductible. The appropriate Primary Care or Specialist benefit will be applied to the initial visit to confirm pregnancy. There is no charge for In-Network prenatal office visits when billed independently by the physician.*
	Childbirth/delivery professional services	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% co-insurance	<u>Co-insurance</u> applies after <u>deductible</u> . Professional services are generally included in the global fee charged by the physician for pregnancy and delivery.
	Childbirth/delivery facility	15% <u>co-insurance</u>	25% co-insurance	50% co-insurance	Co-insurance applies after deductible.

			What You Will Pay			
Common Medical Event	Services You May Need	Tier 1 (You will pay the least)	Tier 1 (You will pay more)	Tier 1 (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% <u>co-insurance</u>	<u>Co-insurance</u> applies after <u>deductible</u> . Limited to 60 visits per benefit year.	
	Rehabilitation service	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% co-insurance	<u>Co-insurance</u> applies after <u>deductible</u> . Includes cardiac therapy, chemotherapy, and radiation.	
If you need help recovering or have other special health needs	Habilitation services	15% <u>co-insurance</u>	25% <u>co-insurance</u>	50% <u>co-insurance</u>	<u>Co-insurance</u> applies after <u>deductible</u> . Physical therapy, occupational therapy, and speech therapy is limited to 60 visits each per benefit year. Pulmonary therapy limited to 36 visits per benefit year.	
	Skilled nursing care	15% <u>co-insurance</u>	25% <u>co-insurance</u>	25% <u>co-insurance</u>	<u>Co-insurance</u> for Tier 1 applies after Tier 1 <u>deductible</u> . <u>Co-insurance</u> for Tier 2 and Tier 3 applies after Tier 2 <u>deductible</u> . <u>Precertification</u> required.*	
	Durable medical equipment	15% co-insurance	25% co-insurance	50% co-insurance	<u>Co-insurance</u> applies after <u>deductible</u> . Predetermination required for purchases and rentals over \$2,500.	
	Hospice services	15% co-insurance	25% co-insurance	25% co-insurance	<u>Co-insurance</u> for Tier 1 applies after Tier 1 <u>deductible</u> . <u>Co-insurance</u> for Tier 2 and Tier 3 applies after Tier 2 <u>deductible</u> .	
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	No coverage.	
	Children's glasses	Not covered	Not covered	Not covered	No coverage.	
	Children's dental check-up	Not covered	Not covered	Not covered	No coverage.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
Acupuncture	 Long-term care 	 Weight loss programs 			
Cosmetic surgery	 Non-emergency care when traveling outside 	de the U.S.			
Dental care (Adult)	 Dental care (Adult) Routine eye care (Adult) 				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
Bariatric surgery	Infertility treatment	Routine foot care			
Chiropractic care	 Private duty nursing 				
Hearing aids					

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323, ext. 61565 or www.cciio.cms.gov. For more information on how to continue coverage under this Plan, you may contact the Plan at 252-847-654. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform or the Claims Administrator, MedCost Benefit Services at 1-800-795-1023 or at www.medcost.com. Additionally, a consumer assistance program can help you file your appeal: contact Health Insurance Smart NC at 1-855-408-1212 or at http://www.ncdoi.com/Smart/.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medic

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-795-1023

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-795-1023

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-795-1023 Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-795-1023

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

Mia's Simple Fracture
(in-network emergency room visit and follow-up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$850
■ Specialist co-pay	\$15
■ Hospital (facility) coinsurance	15%
■ Other: co-insurance	15%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing				
<u>Deductibles</u>	\$850			
Copayments	\$10			
Co-insurance	\$1,500			
What isn't covered				
Limits or exclusions				
The total Peg would pay is \$2,360				

■ The <u>plan's</u> overall <u>deductible</u>	\$850
Specialist co-pay	\$15
■ Hospital (facility) co-insurance	15%
Other: co-insurance	15%

This EXAMPLE event includes services like:

<u>Primary care</u> physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing			
\$850			
\$400			
\$10			
What isn't covered			
\$0			
\$1,260			

■ The plan's overall deductible	\$850
Specialist co-pay	\$15
■ Hospital (facility) co-insurance	15%
Other: ER co-pay and co-insurance	\$200/15%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$850
<u>Copayments</u>	\$200
Co-insurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,250

English: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-795-1023.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-795-1023.

繁體中文 (Chinese): 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請 致電 1-800-795-1023.

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-795-1023.

한국어 (Korean): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-795-1023 번으로 전화해 주십시오.

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-795-1023.

(Arabic): العربية

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-795-1023

Hmoob (**Hmong**): LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-795-1023.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-795-1023.

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-795-1023.

ગુજરાતી (Gujarati): સુયના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો (800) 795-1023.

ខ្មែរ (Mon-Khmer Cambodian): ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ (800) 795-1023 ។

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-795-1023.

हिंदी (Hindi): ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। (800) 795-1023 पर कॉल करें।

ພາສາລາວ (Lao): ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-800-795-1023.

日本語 (Japanese): 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-795-1023 まで、お電話にてご連絡ください。