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## **ECU Health's Wellness Benefit through Voya increases to \$75** **You and your covered family member(s) already may be eligible for money if you've completed a health screening test.**

Every day, we learn more about the importance of regular health screenings and how early detection of serious illnesses increases chances of survival. At ECU Health, we want you and your covered family members to remain well, and our Wellness Benefit helps support that vision.

### **What is a Wellness Benefit?**

The Wellness Benefit is money paid to you for completing a covered health screening test. The Wellness Benefit is included with your Voya Accident, Critical Illness and Hospital Indemnity Insurance coverage. The annual benefit payment can be used however you like (including to help pay for the test).

### **What's in it for you and your covered family members?**

You must be enrolled in Accident, Critical Illness and Hospital Indemnity Insurance through Voya to be eligible for the Wellness Benefit.

Effective Jan. 1, 2023, ECU Health increased the Wellness Benefit amount payable to team members, spouses and dependents to \$75 (with no maximum) for completing a covered health screening. This benefit – which ECU Health provides at no cost to you – is to encourage regular health screenings. What this means is extra money in your pocket for taking care of your health.

For example, if you are enrolled in Critical Illness coverage through Voya, you may receive \$75 for one eligible health screening. If, however, you are enrolled in Critical Illness and Hospital Indemnity coverage through Voya, you may receive \$75 for each policy with one eligible health screening (that's up to \$150!).

### **What you need to know:**

- ▶ You need to complete one covered health screening test.
- ▶ You can only receive a benefit payment per policy once per calendar year, even if you complete multiple tests.
- ▶ You may also receive a benefit payment for your spouse and/or children if they are covered for the Wellness Benefit under your Voya Accident, Critical Illness and Hospital Indemnity insurance, and they complete a health screening test on or after the coverage effective date.
- ▶ Examples of eligible health screening tests include immunizations, mammography, routine eye exam, well-child/preventative exams and annual physical exams for adults. A **complete list of covered exams** is available.

### **What you need to do:**

Getting your Wellness Benefit is as easy as 1-2-3-4:

1. Complete a **covered health screening test**
2. Visit the **Voya Claims Center** (group policy name: ECU Health; group policy number: 722677)
3. Complete the questions and submit your claim
4. Receive a benefit payment

**For additional information or answers to your questions, contact HR Services at 252-816-7446. Or go to AskPhin.com or Voya Claims Center at voya.com/claims (group policy name: ECU Health; group policy number: 722677).**